



True World Order

Founder: Swami Vishnudevananda, est. 1957

Sivananda Yoga Vedanta Retreat House

yoga exercises - breathing - relaxation - diet - meditation

Bichlach 40, A-6370 Reith near Kitzbühel, Tyrol, Austria, Tel. +43(0)5356/67404, Fax +43(0)5356/67404-4

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Application for Yoga Teachers' Training Course in Reith/Tyrol

Date of course from _____ début du cours	till _____ fin du cours	Photo		
Arrival date _____ date d'arrivé	Departure date _____ date de départ			
Name _____ Nom				
Street, no. _____ Rue & no.				
City/prov/state _____ Ville	Postal code _____ code postal			
Country _____ Pays	email _____			
Work telephone _____ Travail	Home telephone _____ Privé			
Mobile phone _____	Fax _____			
Marital status _____ statut marital	Age _____ age		Children _____ enfants	Sex M/F _____ sexe
Education and skills _____ Education et talents	Occupation _____ profession			
Preferred language for the course _____ Langue préférée	Which other languages do you speak? _____ quel autre langue parlez vous ?			
Knowledge of English: good <input type="checkbox"/> medium <input type="checkbox"/> little <input type="checkbox"/> no <input type="checkbox"/> Connaissance de l'anglais				
Illnesses _____ Maladies	Prescribed medication _____ médicaments			
Contact in case of emergency _____ Contacter en case d'urgence				
Streer, no _____ Rue & No				
Postal code, city _____ Code postal, Ville	Country _____ Pays			
Telephone _____ Telephone	Relationship _____ relation			
How did you hear about us? _____ Nous avez-vous connu ?				
Length of time practising yoga _____ Temps de pratique du yoga	Member of a SYC, which one? _____ membre d'un centre SIV, lequel ?			
Reasons for wanting to attend the course _____ Raisons pour suivre la formation				
Uniform size: small <input type="checkbox"/> medium <input type="checkbox"/> large <input type="checkbox"/> xlarge <input type="checkbox"/> Taille d' uniforme	Preferred accommodation (see brochure) _____ logement préféré (voir brochure)			

Please sign rules on the reverse - merci de signer les regles au dos

General Rules for the Yoga Teachers' Training Course

This course is intensive and requires sound physical and mental health. For any questions please contact tyrol@sivananda.net

In order to keep a clean and pure atmosphere in the ashram it is essential that you follow the rules as well as the daily routine.

1. Attendance at all classes, lectures, morning and evening meditation is mandatory. If a class or meditation cannot be attended, a written explanation has to be given to the principal of the course. Frequent absence may lead to expulsion from the course.
2. Alcohol, tobacco, meat, fish, eggs and coffee are prohibited on the ashram premises. During the course we cannot cater to personal dietary preferences except the yogic-vegetarian meals. Absolutely no drugs. No taking, distributing or dealing in or around the ashram. If you get to know about others keeping, taking or distributing drugs, you are obliged to report this to the principal of the course immediately.
3. An ashram is not a club or vacation resort. Your conduct –private and public – should enhance the spiritual atmosphere of the ashram. Do not waste your prana (vital energy) in fruitless activities.
4. Please do not leave the ashram between 6pm and 8am without the permission of the principal of the course.
5. Karma Yoga, selfless service, is part of the course. We kindly ask each participant to join in Karma Yoga for about one hour daily.
6. Please respect silence in the ashram after 10pm.
7. Rules for conduct in temples and meditation halls: The atmosphere should be kept especially pure in these localities. At least hands, feet and face must be clean. No unnecessary talk. These locations are for meditation and prayers.
8. Music is not allowed in the ashram.
9. In order to avoid fire hazards, incense and candles are only allowed in the temple and meditation hall. Please do not use any electrical devices in your room.
10. If you have any medical problem, please let us know when you enrol for your stay.
11. Please adapt your dress to the ashram atmosphere. Loose-fitting clothing.
12. The Sivananda Yoga Vedanta Centres suggest that you refrain from any type of sexually oriented behaviour.
13. Photography, audio and video recording: Please do not take photographs using flash. Any publication of pictures which were taken at the Sivananda Yoga Vedanta Retreat House or during activities of the Sivananda Yoga Vedanta Retreat House requires previous written authorisation of the Sivananda Yoga Vedanta Retreat House as well as written authorisation of individuals shown on the picture(s). Audio and video recording of the activities of the Sivananda Yoga Vedanta Retreat House are not permitted.

Cancellation Policy

1. Cancellation before the start of the course: A credit note will be issued for the course payments received. A 50 € administration fee will be deducted.
2. In case of early departure: A credit note for the full amount of the course will be issued minus the days present in the course and minus a 50 € administration fee. The TTC course manual and TTC uniform (2 trousers / 2 t-shirts) must be returned upon leaving the teaching location. Only then will the credit note be authorized.
3. The credit note will only be issued four weeks after the course completion date and will not be issued at the course location.
4. Credit notes are non-transferable and can only be used by the individual whose name appears on the credit note. Credit notes are valid for two years and can be used in any Sivananda Yoga Centre or Ashram in Europe, except Italy. Please note: Credit notes cannot be applied to boutique purchases or Ayurveda massages. In Reith (Austria), the credit note cannot be applied to room and board fees.

Terms of Payment:

Please enclose with your registration a down payment of 300 €. The remaining balance is to be settled 4 weeks prior to the course.

1) Certified cheque. Please mail it to our address at Sivananda Yoga Vedanta Retreat House, Bichlach 40, 6370 Reith near Kitzbühel/Tyrol, Austria. Please write the cheque in the name of Sivananda Yoga Vedanta Retreat House.

2) Bank transfer

Sivananda Yoga Vedanta Retreat House
Volksbank Scheffau, Austria,
Account no. 700 30 995, bank code 43 770
IBAN: AT60 4377 0000 7003 0995
BIC (Swift): VBOEATWWKUF

In the case of registrations made via Sivananda Yoga Centres located outside of Austria, these centres are acting solely as agents for the Sivananda Yoga Vedanta Retreat House in Reith near Kitzbühel, Austria.

3. Credit card

By Visa or MasterCard plus 4% charge. Please call the Retreat House with your credit card information. Tel. +43 (0) 5356/ 67 404. The TTC fee includes administration, lessons, meals, uniforms and course manual. Airport and/or train station transfers are not included. The Kriya set is not included. It is recommended to sign a travel health insurance policy at your travel agent.

Teaching language

The course in May/June is in German.

All other courses are in English. Some lectures may be taught in German.

Translation system

For the simultaneous translation we will use a modern wireless translation system and headphones.

The rental fee for the radio receiver is 30 €. You can bring your own headset with normal disc man jack or buy one for 10 € at the Yoga Retreat House.

Telephone in Reith:

All rooms are equipped with telephone. Please pay separately at Hotel Florian. It is possible to receive calls. The best hours to receive calls are: 10:00–10:45 am, 1:00–1:45 pm, 6:00–6:45 pm. At other times TTC activities are going on. Hotel Florian: Tel. +43 (0)5356/652 42, Fax +43 (0)5356/ 652 424

Information

The Sivananda Yoga Vedanta Centres of Europe are dedicated to creating a more conscious and compassionate world. We accomplish that mission by creating a safe and sacred environment. We champion spirituality, ethical behaviour, respect, trust, loyalty, and commitment. As such, we have a responsibility to maintain a safe and sacred space for deeper inner work, in accordance with the teachings of Swami Sivananda and Swami Vishnudevananda.

Accordingly, the Sivananda Yoga Vedanta Centres of Europe prohibit all staff from engaging in sexually suggestive remarks and gesturing, and unnecessary and offensive touching. You are therefore expected to refrain from directing any such behaviour towards staff, students, or guests.

If in spite of the efforts of the Sivananda Yoga Vedanta Centres of Europe in this respect, you believe you have been subjected to sexual harassment from outside presenters, staff, guests, or from a swami, you should immediately report the incident to one of the course directors. Corrective action will be undertaken without delay. Complaints made to a course director will be treated confidentially and the alleged violator or any third party will not be advised of the complainant's identity without the latter's consent.

Please acknowledge with your signature:

Please sign that you will not hold the Sivananda Yoga Vedanta Retreat House liable for any personal loss, accident or any other damage which might result from your stay at the Ashram.

I hereby agree that I have read the rules of the Sivananda Yoga Vedanta Retreat House, that I agree to abide by these rules and that I will be present at all activities. I agree to take full responsibility for myself and for my personal property. The decision to participate in the activities is my own and is my own responsibility. In addition I agree that I will not hold the Sivananda Yoga Vedanta Retreat House responsible for any injuries or damages that might result from my participation in the activities.

DateSignature

(Signature of the parents is required for all under 18 years of age)