

# International Sivananda Yoga Teachers' Training Course in Putney, London, UK

A four week intensive residential course in all aspects of yoga

May 26 – June 23, 2012

**Special  
Early Bird  
Discount!**  
10% reduction  
on early bookings

see back page for  
more details

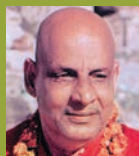


**Sivananda Yoga Vedanta Centre**

Founder: Swami Vishnudevananda, est 1957

Tel: 020 8780 0160 • Email: [london@sivananda.net](mailto:london@sivananda.net)

Info: [www.sivananda.co.uk](http://www.sivananda.co.uk) • [www.sivananda.eu](http://www.sivananda.eu)



Swami Sivananda  
(1887 – 1963)



Swami Vishnudevananda  
(1927 – 1993)

*"Yoga is a system of integral education, not only of the mind, but also of the inner spirit."*

*– Swami Sivananda*



**This four-week intensive Teachers' Training Course (TTC) covers all aspects of yoga. An internationally recognised teaching certificate from the Sivananda Yoga Vedanta Centres will be given upon successful completion of the course.**

### The Location

The Sivananda Yoga Vedanta Centre is located in southwest London, an area bordering the south bank of the River Thames. The Centre is an oasis of peace and calm. The teaching spaces are quiet with large skylights bringing in an abundance of natural light. The new Sivananda Peace Garden has created a real getaway from the hustle and bustle of the city. Putney boasts an abundance of lush green spaces and has the feel of a quaint English village. The magnificent commons are just minutes away and are a perfect retreat from the stress of the city. At 5 minutes from the River Thames, one has access to nature walks and bike trails, the Wetland Bird Sanctuary and the famous Richmond Park.



*The River Thames – 5 mins walk*



*The Peace Garden*

### Registration

Please download or telephone for an application form and return it together with a deposit of £300 to the Sivananda Yoga Centre in London. The balance is due four weeks before the beginning of the course. Please see application form for refund policy. Payments by cash or cheque to:

Sivananda Yoga Vedanta Centre, 51 Felsham Road, London SW15 1AZ, UK.

Tel: + 44 (0) 20 8780 0160, [www.sivananda.co.uk](http://www.sivananda.co.uk)

email: [london@sivananda.net](mailto:london@sivananda.net)

Please note that space is limited and early booking is essential.

### Arrival/Departure Day

**Arrival:** Saturday, May 26.

**Departure:** Saturday, June 23.

### Tuition Fee

Shared (4 – 8 persons per room): £2,100 | Twin shared room: £2,600

Tuition fee includes room and board.



*Graduation Ceremony*

**Special Early Bird Discount! 10% reduction if the full payment is received before February 26, 2012. Applies to accomodation "shared room" only.**

Please note that the meals offered are lacto-vegetarian. We cannot cater to special dietetic needs during the course.

**For all email queries regarding the London Teachers' Training Course contact: [london@sivananda.net](mailto:london@sivananda.net)**



*Light and Spacious Yoga Halls*

**For more course dates, online registration and practical details, please visit: [www.sivananda.eu](http://www.sivananda.eu)**

*"Health is Wealth. Peace of Mind is happiness. Yoga Shows the Way."  
– Swami Vishnudevananda*